

Best in
Show

EXPLORERS
2012

~~XXXXA~~
TAKAHEBI
Grain clan
Age: 17



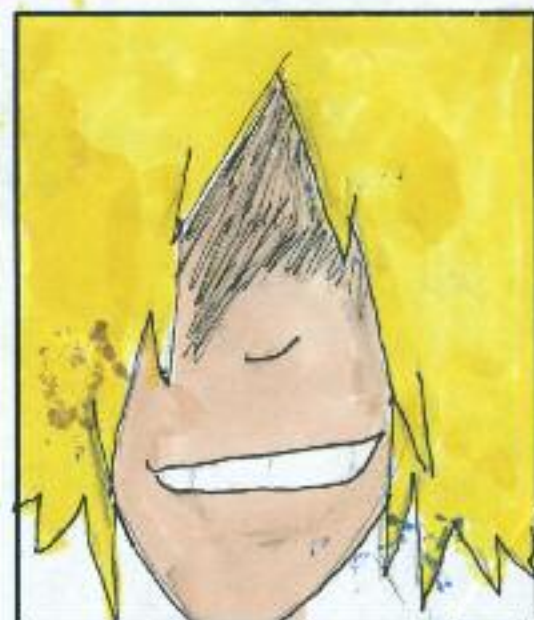
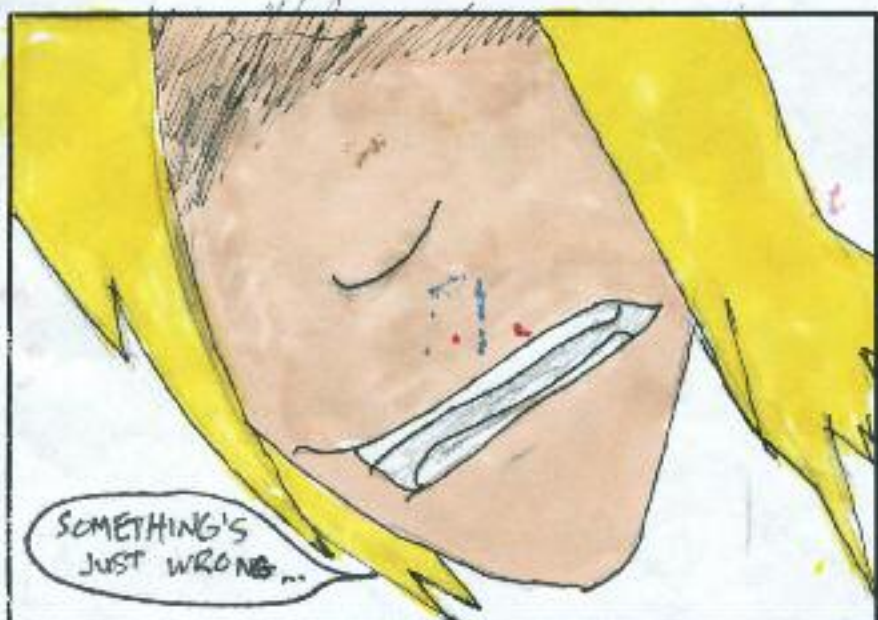
WE KEEP
THINGS GOING
SMOOTHLY
THROUGH
TOUGH
TIMES!

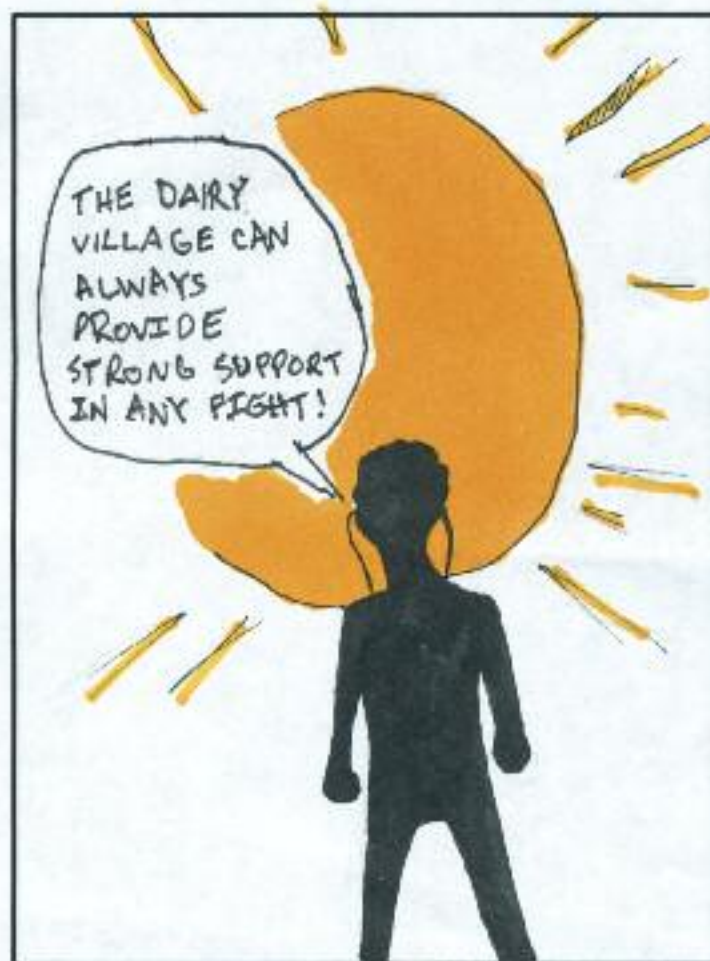


I FEEL A
DISTURBANCE
IN THE LANDS.



SOMETHING'S
JUST WRONG...





CULON
VEGIEN

Veggie
Land

Age: 15

MY
SENSES ARE
STRONG FROM
VITAMINS
AND MINERALS!



AND I
SENSE
A BIG
PROBLEM
COMING...



AYERO
KAI

Fruit
Kingdom

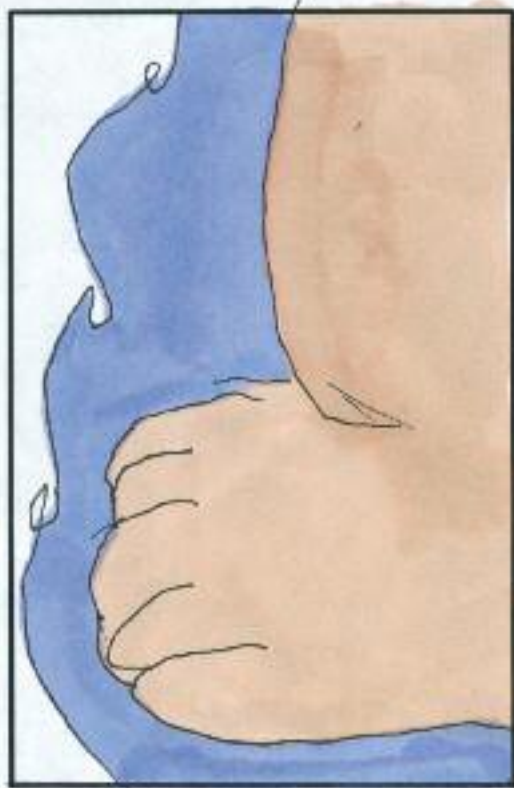
Age: 16

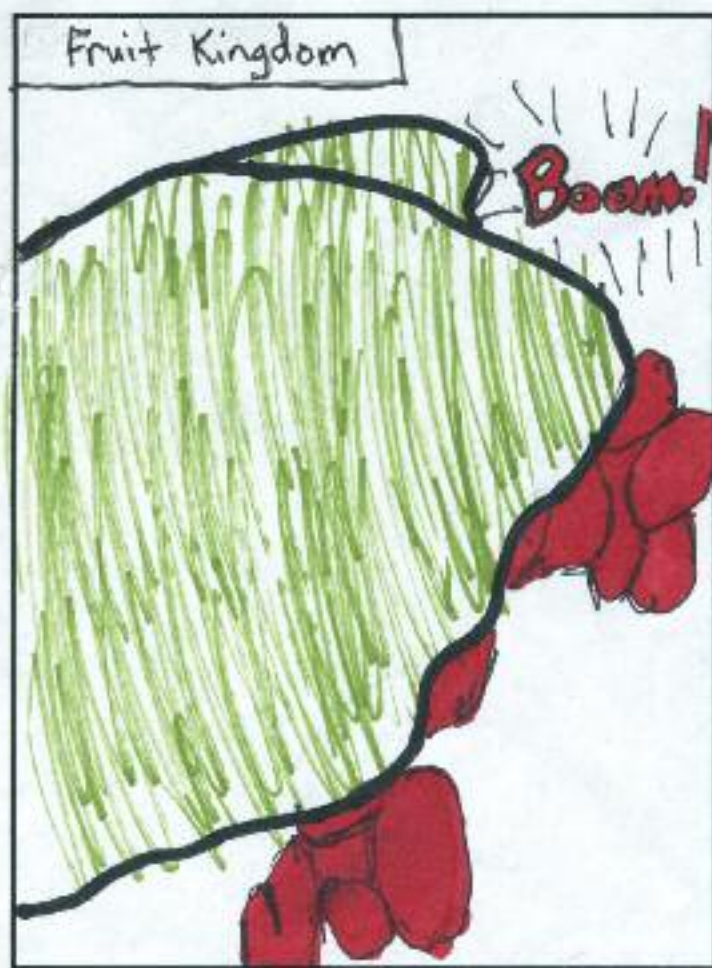
WE NEVER
RUN OUT OF
ENERGY WITH
ALL OUR
NATURAL
SUGAR.

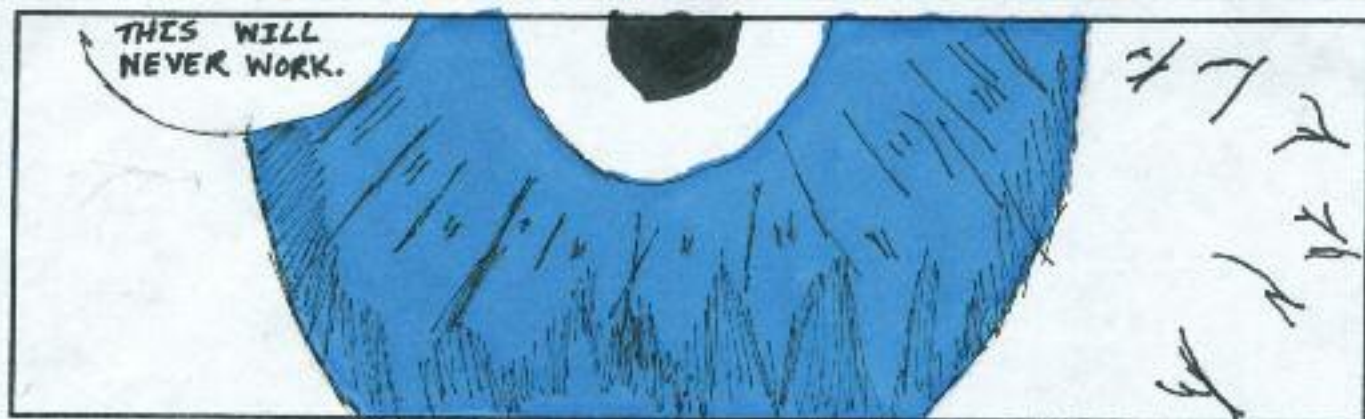
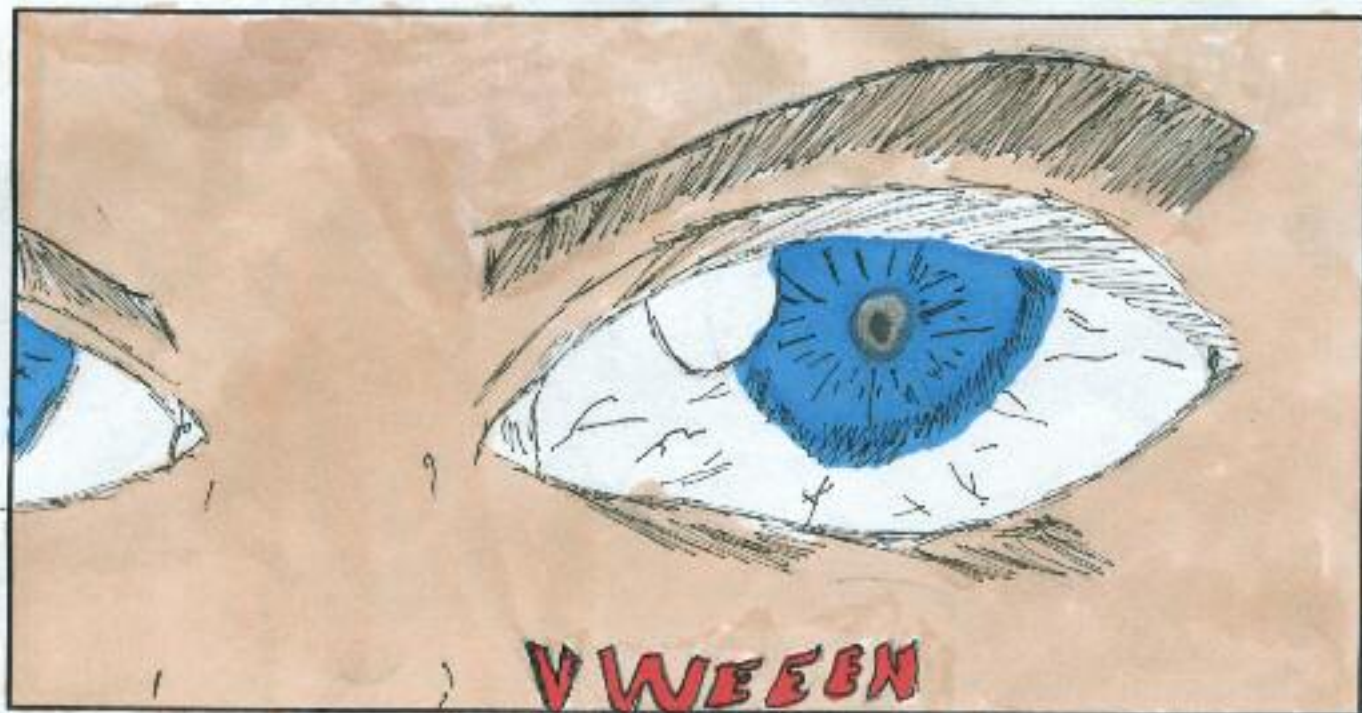
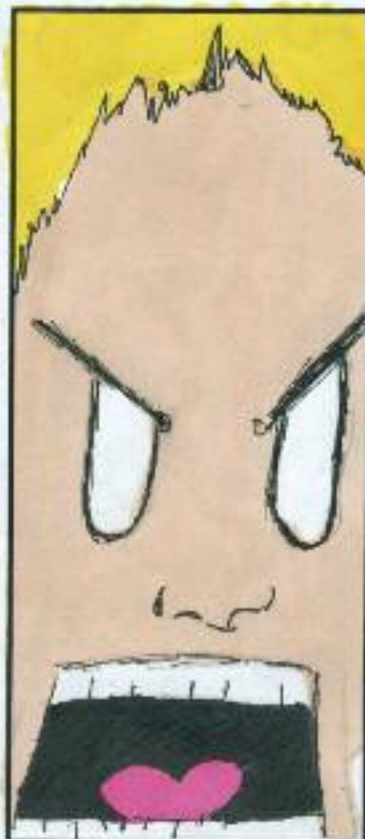
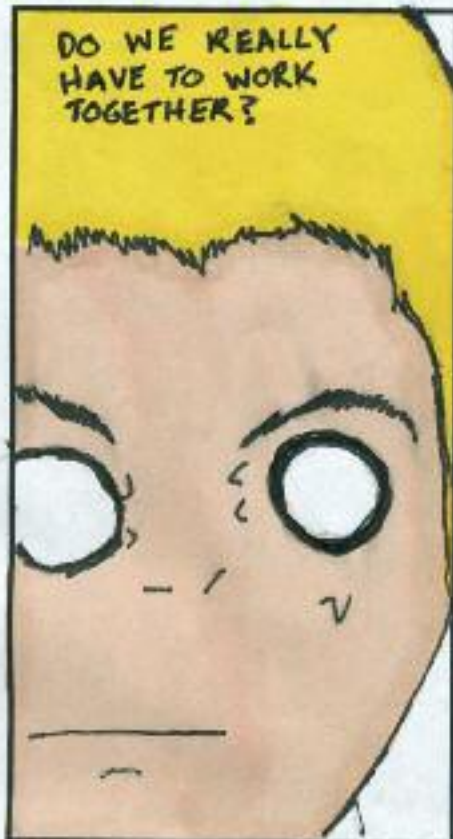


THERE'S
AN ENERGY
DRAIN
NEARBY,
I FEEL
IT...

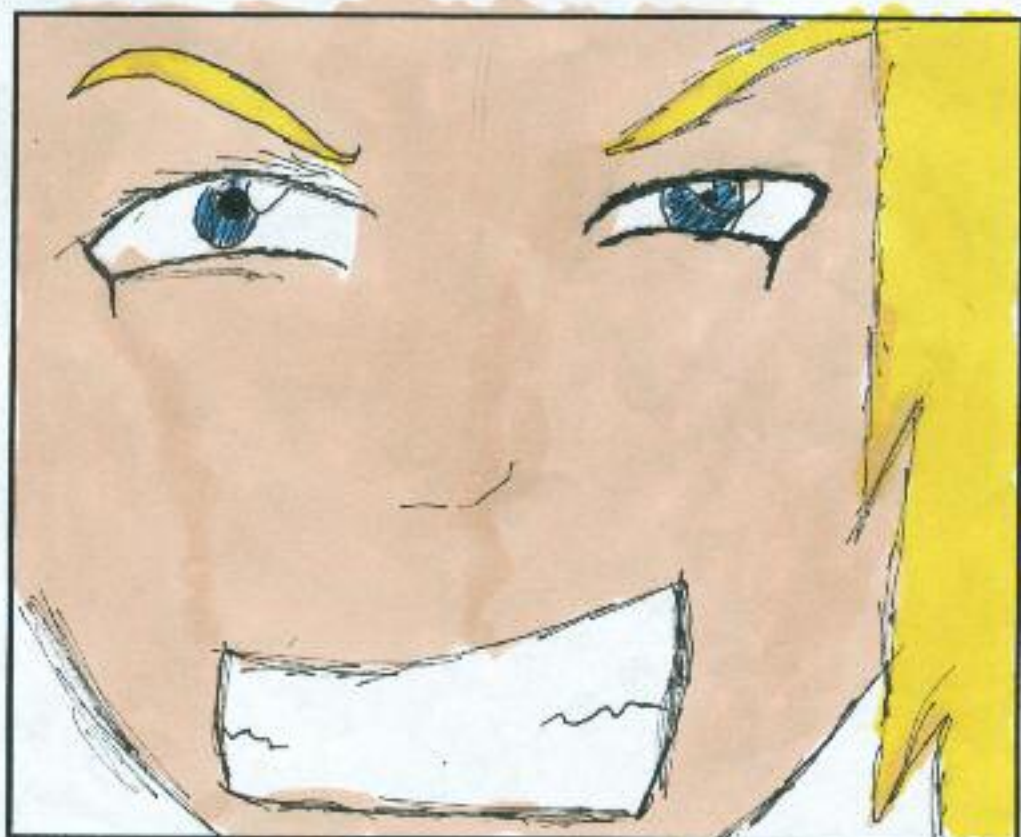
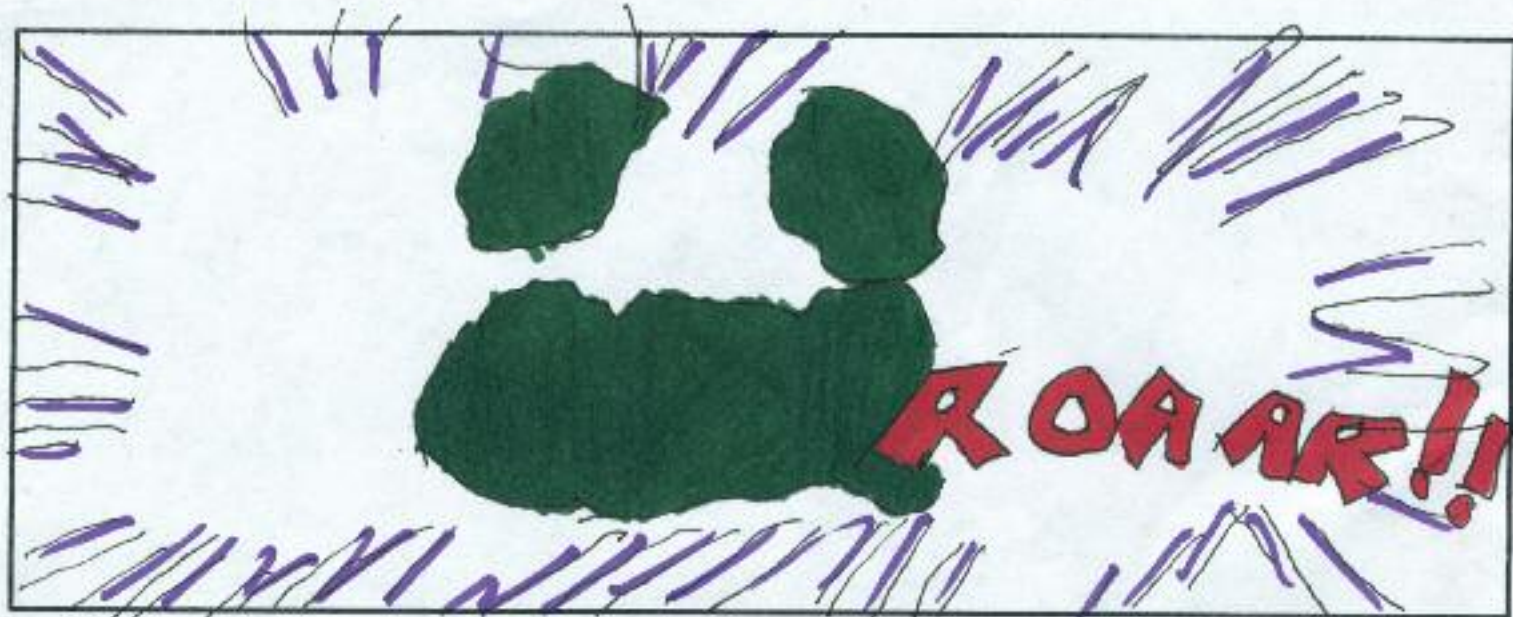




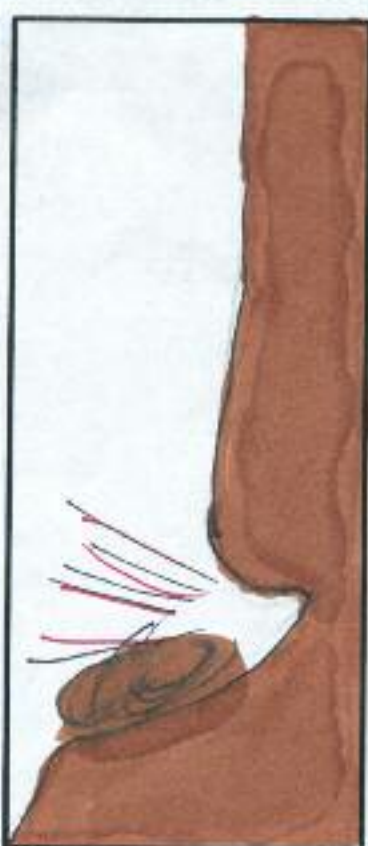
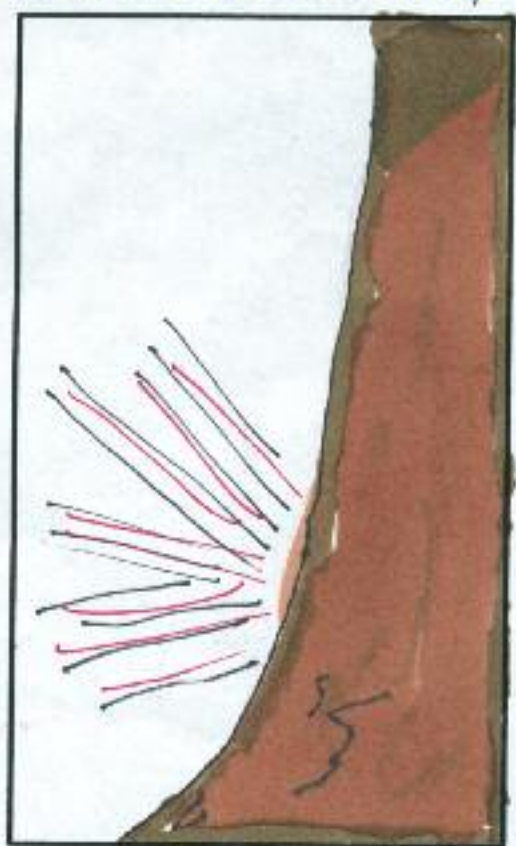






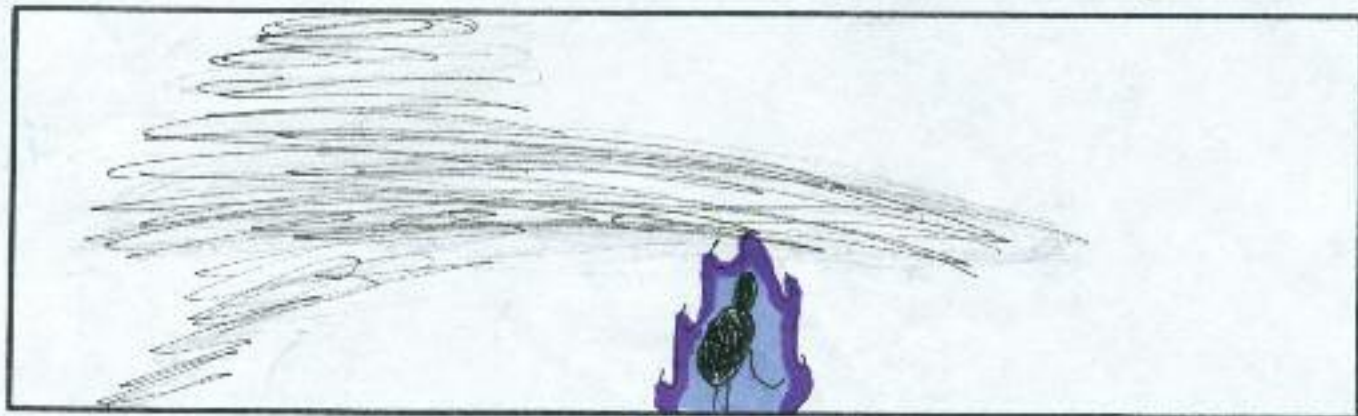
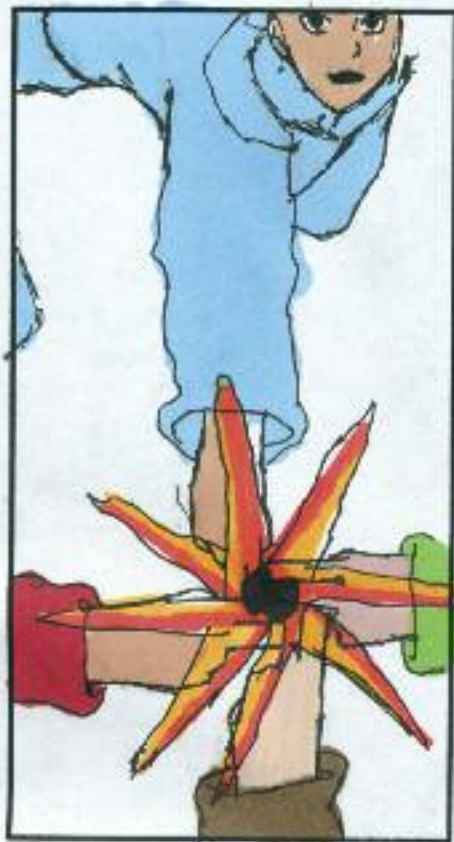






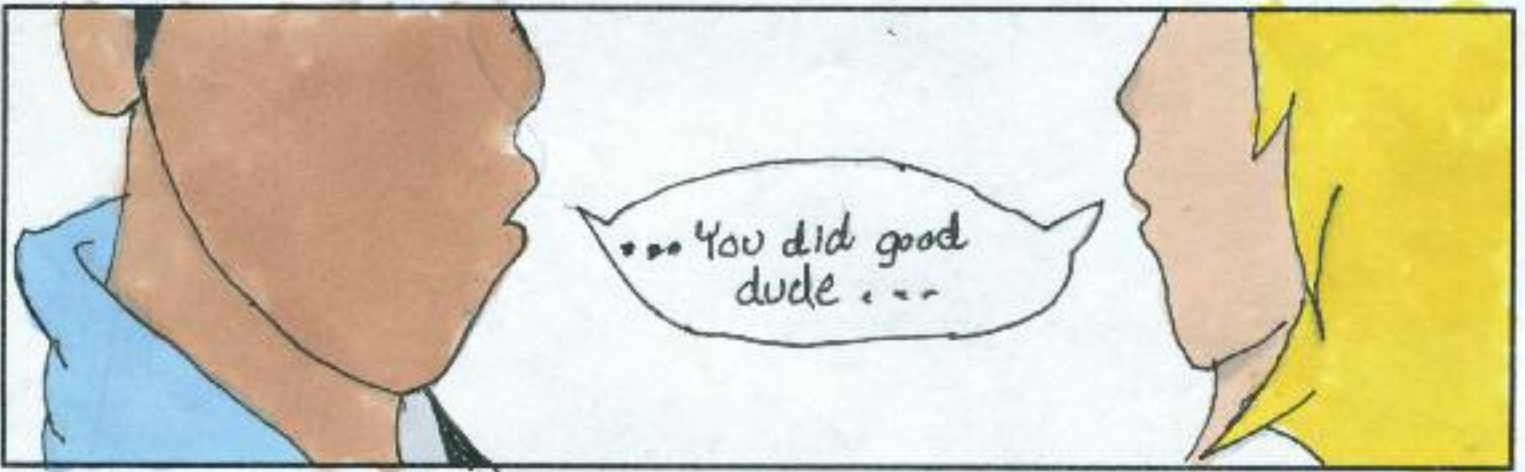
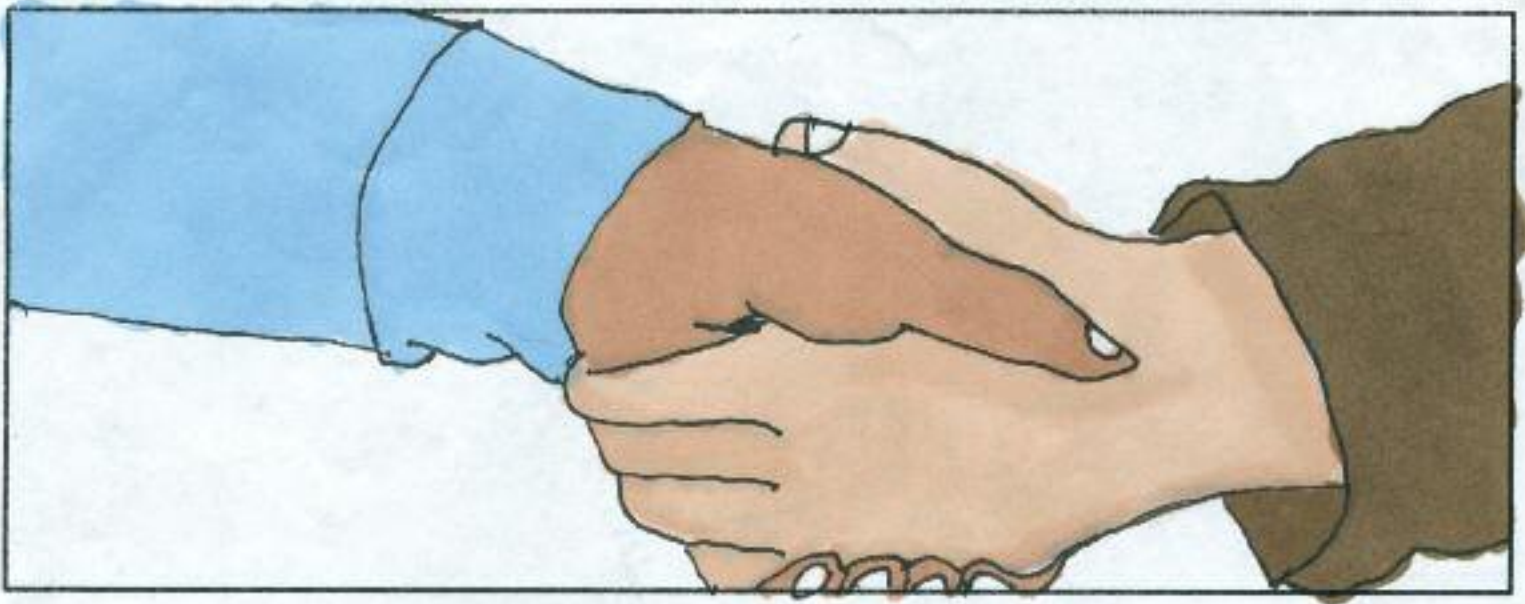












Award	Blue Ribbon and Best in Show
Artists	Joshua Harris, Terry Johnson, Christopher Parker, Cullen Williams-Freeman
Grade	5
School	Thomas Jefferson Elementary
City	Euclid, Ohio
Title	<i>LegenDairy</i>
Teacher	Laura Ohlemacher
Healthcare Presenter	Jenna Mastrobuono
Topic	Nutrition
Medium	Comic Book
Artist Statement	<p>Our group was all really interested in graphic novels, so we decided to create one about the food groups we learned about from the Clinic nutritionist. Our graphic novel called <i>LegenDairy</i> has four Food Group Hero characters: Dairyen from the Dairy country, Dakota from the Grain country, Culon from the Vegetable country, and Ayero from the Fruit country. They must all work together to defeat the Junk Food Giant. The Junk Food Giant was once a man, but he made so many unhealthy food choices that he grew into an ugly, unhealthy monster. The Food Group Heroes must combine their Protein Powers in a balanced and healthy way to help bring the human from inside the Junk Food Giant back to the Healthy Side. We hope people learn that you need all the food groups working together to make a balanced diet. If you eat healthy, you too can be <i>LegenDairy</i>!</p>



EXPLORERS

2012

Dear Friends,

The Cleveland Clinic Office of Civic Education Initiatives is pleased to present this limited edition of *LegenDairy*, the 2012 EXPLORERS program Best in Show Award recipient.

EXPLORERS is a unique initiative that employs creativity to engage young people in the study of health and wellness. Through this interdisciplinary program, Cleveland Clinic medical professionals speak to students about important health issues, and the students then bring their newfound knowledge to life through creative interpretations.

In January, more than 2,200 students from across Ohio learned about important health topics from Cleveland Clinic healthcare professionals, either in person through traditional classroom workshops or online through virtual presentations. And in March, more than 450 of these students' creative interpretations of what they had learned were submitted to Cleveland Clinic.

An esteemed panel of art, language arts, media, and medical professionals evaluated each submission on four criteria: interpretation, creativity, technique, and initiative. Exceptional entries were awarded one of four levels of recognition; in descending order they are: Blue Ribbon, Red Ribbon, White Ribbon, and Honorable Mention. In addition, one piece, *LegenDairy*, was awarded Best in Show.

Cleveland Clinic EXPLORERS is much more than a mere art or writing competition, however. Tied to state and national academic standards, this innovative initiative helps students achieve optimal health while promoting creativity, innovation, communication, and teamwork. Plus, it gives participating teachers the opportunity to earn graduate-level college credits from Northeast Ohio universities.

We thank you for your interest in this dynamic educational program, and we hope you share in our pride and amazement as you enjoy *LegenDairy*.

Sincerely,

A handwritten signature in black ink, appearing to read 'Bryan Pflaum', with a stylized flourish at the end.

Bryan Pflaum, MFA

Director of Creative Learning

Office of Civic Education Initiatives



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